

Yaman Exercises

Notation:

'P 'D 'N = Lower Octave Shudhs Notes

S R G m P D N = middle Octave Shudhs Notes

S' R' G' m' P' = Upper Octave Shudhs Notes

M = Tivra ma

'N, R, G, M, D, N, S'

S', N, D, P, M, G, R, S

'NR, RG, GM, MD, DN, NS'

SN, ND, DP, PM, MG, GR, RS

'NRG, RGM, GMP, MDN, DNS'

S'ND, NDP, DPM, PMG, MGR, GRS

'NRGM, RGM P, GMDN, MDNS'

S'NDP, NDP M, DPM G, PMGR, MGRS

RS, GR, MG, PM, DP, ND, S'N, R'S'

N'S', DN, PD, MP, GM, RG, SR, 'NS

'NR'NRG, RGRGM, GMGMP, MDMDN, DNDNS'

S'NS'ND, NDNDP, DDP M, PMPMG, MGMGR, GRGRS

'N, 'NR, 'NRG, 'NRGM, 'NRGMP, 'NRGMD, 'NRGMDN, 'NRGMDNS'

S', S'N, S'ND, S'NDP, S'NDPM, S'NDPMG, S'NDPMGR, S'NDPMGRS

'N, 'NR, 'NG, 'NM, 'NP, 'ND, 'NN, 'NS'

S', S'N, S'D, S'P, S'M, S'G, S'R, S'S
